

Eden Resort And Spa – Bentota, South West Coast



The Eden Resort And Spa Pool

Eden Resort And Spa, Bentota

First Class Beach Hotel - 5 Star

158 RM

By Car – 3.5 Hours From Airport

By Air Taxi – 35 Min From Airport



Rated No 2 Hotel In Beruwela

About Eden Resort And Spa

The **Eden Resort And Spa** occupies a prime site on the famous '**Golden Mile**' beach at **Bentota**, the island's premier resort location. The **Eden** also incorporates the island's first purpose built health spa and well-being centre and caters to a varied clientele including a host of **UK** holidaymakers.



View Of Eden Standard Room

Accommodation

Eden Rooms

113 standard rooms with teak timber flooring. All **Eden Rooms** have private balconies, individually controlled air-conditioning, mini-bar, satellite TV, in-room safe and IDD telephone. Tea and coffee making facilities.

Superior Rooms

23 large ground floor split-level superior rooms with granite flooring and marble bathrooms with telephone extensions. These rooms have private terraces and easy access to the swimming pool and garden.



Temptations Restaurant

Paradise Rooms: Eden's Hotel-Within-A-Hotel

The hotel's remaining 22 rooms are luxury units, located on the top floor offering an enhanced level of accommodation, facilities and services, including separate check-in/check-out at the floor's exclusive lounge, single-digit dial butler service and twice daily maid service. Special touches include a pillow menu and a choice of room fragrances. This floor also offers business center facilities, a library and cellular phone rental.

Guests in these rooms and suites have complimentary use of the spa relaxation garden, and the use of the spa's sauna and spa pool facilities.

Paradise Deluxe Rooms

All 16 elegantly appointed deluxe rooms have king-size 4-poster beds, timber flooring in rooms and balconies, wide screen TVs, DVD, VCD and CD players, expresso coffee machines, tea making facilities, electronic in-room safes, twin-vanities in bathrooms, enhanced amenities, separate shower and bath and telephone extensions in bathrooms.



Eden Lobby

Fine Dining

The glass walled **Garden Of Eden Restaurant** offers a superb international buffet with a wide selection of tempting starters and main courses including **Continental, Indian, Sri Lankan,** and **Chinese** dishes. **Temptations** is the resort's signature restaurant in an elegant, intimate and romantic setting with a magnificent view of the **Indian Ocean**. You can indulge in a selection of classic a la carte favorites ranging from tender rack of lamb to perfectly grilled salmon and succulent lobster thermidor. Chef's specials feature a selection of starters, main courses and desserts from 3 culinary options: seasonal delights, light and healthy temptations or **Asian** fusion with a spicy twist.

The **Chameleon Café** is open 24 hours daily and is an informal all-day restaurant ideal place for light snacks. The **Captains Deck** is a nautically themed air conditioned lounge bar and fine dining restaurant serving aperitifs, after-dinner drinks with live music. At the **Splash**, flavourful light snacks are served, with a beautiful view while you catch the ocean breeze.



Reef Protected Beach At Bentota

For that special occasion you can dine beneath the stars in the privacy of the watchtower with a candlelit finely dressed table and personalised waiter service. An extensive menu is also provided in the room with 24 hour service.

Features

Large freshwater swimming pool with swim-up bar and outdoor Jacuzzi. Shopping arcade with gem and jewellery store, clothes boutique and souvenir shop. Hairdressing salon. Gymnasium and fitness club with sauna and massage. Other sports facilities include a squash court and games room with table tennis, and billiards. Excursions include river cruises to nearby mangrove marshes, villages and temples. Deep sea fishing possible during November-April. Elephant rides on the beach.

The Confifi Marina

Situated on the **Bentota River** offers an array of water sports with expert guidance from professionally trained instructors and assistants. Transfers from the hotel to the **Marina** and back are provided free thrice a day.

Eden Spa

The **Ayurveda Spa** is known to be one of the best in the country and is a main feature of the resort. Set in serene and beautiful tropical gardens with cascading waters, the spa offers a wide range of aromatherapy, spa treatments, Ayurveda relaxation and rejuvenation treatments.

An expatriate manager, 16 therapists, 2 Ayurvedic doctors and a consultant physician provide gracious care and meticulous treatment. Steam rooms, saunas, an open-air spa pool and 13 treatment rooms make up the spa complex.

Hotel Website

<http://www.edenresortandspa.com>

Elephant Island – Holidays In Sri Lanka (ATOL9128)

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